

NKIRUKA NDU, MD, FACP, QME  
INTERNAL MEDICINE

### **Professional Summary**

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A board-certified Physician in Internal Medicine with experience in primary care, medical legal consulting, utilization management, occupational medicine and correctional medicine.

### **Professional Experience**

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**CALIFORNIA DEPARTMENT OF CORRECTIONS.** Corcoran, CA. 2015 – Present

**STAFF PHYSICIAN – SUBSTANCE ABUSE TREATMENT FACILITY AND STATE PRISON**

I oversee and supervise the whole process of health care delivery to approximately 900 patients in my unit with heavy burden of chronic medical diseases, substance use disorder and mental health illness.

**Job duties:**

- I provide comprehensive health care across the health care continuum, from preventive care through medical incidents such as hospitalizations and health care maintenance for patients with chronic illnesses.
- Work with utilization management and infection control for quality assurance and continuous quality improvement. Some of the duties include ensuring timely access to medical care, peer reviews, death reviews etc.
- Ensure unit compliance and survey readiness for TJC, DOJ, CMS, Title 22 California Code of Regulations, and other State and Federal Certification processes.
- Work with utilization management, public health department, infection control and nursing staff to collect and analyze data, identify trends, prioritize resources, recommend

changes that will improve efficacy and reduce errors in accordance with regulatory and reporting organizations such as TJC, CMS, NHSN etc.

- Participate in medical legal evaluations which involves working with risk management, attorneys, court orders etc. in cases of hunger strikes, sexual abuse, isolation, transgender issues, compassionate care release, court appearances, elderly release, legal threats and law suits.
- Partner with patients, other physician, nursing and ancillary department to improve, clinical pathways and workflows.
- Provide leadership, orientation, mentorship to new physicians and mid-level staff.

#### **MEDICOLEGAL WORK, 2016 – present**

- Independent Medical Examinations for injured workers or any injury where liability is an issue.
- I work with Independent Review Organizations, to perform medical necessity determinations, health care appeals, healthcare authorizations and denials. I also perform peer to peer review when initiated.
- Healthcare Quality Strategies Inc. (HQSI)- perform chart reviews for beneficiaries of commercial health plans to determine medical necessity and length of stay.
- Livanta LLC- Is a company contracted with CMS to review patient appeals. Perform chart reviews in order to determine medical necessity, length of stay, enhanced patient safety and outcomes, increased care co-ordination and improve patient experience.
- Medical Review Institute of America (MRIoA), a health utilization management organization- performed health care authorization and denials for diagnostic tests and treatment as well peer to peer conversations for clinical case reviews if requested.
- Dane Street- performed disability assessments and peer to peer conversations for clinical case reviews.

#### **TULARE REGIONAL MEDICAL CENTER. Tulare, CA. 2013 – 2016**

##### **HOSPITALIST**

- Provided care to patients admitted to regular medicine floor and open ICU.
- Acted as a consulted to other department including surgery and obstetrics/gynecology, among others.
- Served on Hospital Ethical Committee.

**ALTURA CENTERS FOR HEALTH. Tulare, CA. 2013 – 2015**

**ATTENDING PHYSICIAN**

- Managed patients with acute and chronic health conditions, provided diagnoses and treatment for over 25 patients per day.
- Supervised mid-level health care providers.
- Evaluated peer performance to determine patient safety and quality of care.

**COLUSA REGIONAL MEDICAL CENTER. Colusa, CA. 2011 – 2013**

**ATTENDING PHYSICIAN**

- Managed patient in outpatient and inpatient care setting including open ICU.
- Performed disability evaluation and managed injured workers including return to work evaluations.
- Member, Hospital Utilization Management Committee- reduced 30-day readmission rates, kept length of stay within national average rates, put measures in place to reduce medical errors, near misses etc.
- Member ER/ICU and Infection Control Committees- monitored hospital acquired infections and ensured compliance with NHSN reporting requirements.
- Worked with department heads to ensure survey readiness for TJC, CMS etc.

**Education & Training**

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Diplomate American Board of Internal Medicine, Expires: 2028

Medical Board of California, Expires: November 2021

BLS/ACLS, Expires: March 2021

Residency, Loma Linda University Medical Center, 2008

Internship and Residency, Martin Luther King – Drew Medical Center, 2007

College of Medicine, University of Nigeria, 1998

SEAK Course: How to excel at your Expert Witness Deposition

SEAK Intensive Conference: “How to Start, Build, and Run a Successful Disability and File Review Practice.”

Certified Qualified Medical Evaluator, Division of Workers’ Compensation, CA 2007 till date

SEAK How to Start, Build, and Run a Successful IME Practice SEAK

Skills for Physicians: The Master’s Program

## **Professional Affiliations**

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Fellow, American College of Physicians

Fellow, American Academy for Communication

California Society of Industrial Medicine & Surgery

## **Leadership, Committees & Community Activities**

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International Medical Volunteer – volunteered in Nigeria and Dominican Republic

Presentation to the Nigerian Institution of Society of Mechanical Engineers, Lagos Chapter:  
Health Concerns for the practicing Mechanical Engineer. May 30th, 2020.

Member, Hospital Ethics Committee, Tulare, Regional Medical Center, Member, 2015

Member, Hospital Utilization Management Committee, ER/ICU and Infection Control  
Committees, Colusa Regional Medical Center, Member, 2013