

**Charlotte Anne Sykora, Ph.D, ABPP (RP), QME**  
California Psychology License PSY19837  
Qualified Medical Evaluator #161830

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**PROFESSIONAL LICENSES/CERTIFICATIONS**

Clinical Psychologist, State of California (License PSY19837)  
Qualified Medical Evaluator, State of California (QME #161830)  
American Board of Professional Psychology in Rehabilitation Psychology (ABPP-RP) (#9564)

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**EDUCATION**

Ph.D., Clinical Psychology, University of Hawaii at Manoa, Honolulu, HI (2002)  
M.A., Clinical Psychology, University of Hawaii at Manoa, Honolulu, HI (1997)  
B.A., Psychology, Yale University, New Haven, CT, Honors in the major (1992)

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**PROFESSIONAL AFFILIATIONS**

American Psychological Association (APA)  
APA, Division 22, Rehabilitation Psychology  
Psychologists for Social Responsibility

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**PROFESSIONAL EXPERIENCE**

4/07-present **Clinical Psychologist**, Director of Outpatient Psychological Services  
Rancho Los Amigos National Rehabilitation Center (RLANRC), Downey, CA

**Primary responsibilities** include:

1. Conducting psychological and cognitive assessment for outpatients and inpatients with multiple medical conditions, including Spinal Cord Injury Service, Stroke, Traumatic Brain Injury, and other medical conditions.
2. Providing individual and group therapy for patients, including supportive contact, adjustment to injury, CBT, and pain management.
3. Providing educational in-services for staff and trainees regarding psychological issues.

**Leadership Roles:**

- Chair of Bioethics Committee (RLANRC). Provide informal and formal bioethics consultation and education. Organized 2016 bioethics conference at RLANRC.
  - Manage Department of Health Services econsult portal for Neuropsychology. In conjunction with other staff, developed portal, including expected practice and onboarding of staff to portal.
  - Helping Healers Heal (H3): Provide resource presentation for staff at town halls and supportive intervention (individual and group interventions for staff).
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**PREVIOUS EMPLOYMENT**

6/05-3/07 **Clinical Psychologist II** Oliveview-UCLA Medical Center, Sylmar, CA  
Primary responsibilities included: (1) psychological and cognitive assessment of medical patients for Consultation and Liaison Service and psychiatric patients for Inpatient Psychiatric Service; (2) psychodiagnostic assessment and individual therapeutic contact for persons living with HIV in an integrated outpatient clinic; (3) individual and group therapeutic interventions for individuals on unit, including supportive contact, reality

orientation, CBT, and pain management; (4) developing treatment and discharge plans within multidisciplinary team; (5) supervision of psychology trainees; (6) educational inservices for staff and trainees regarding psychological issues.

12/04-5/05

**Psychologist Metropolitan State Hospital, Norwalk, CA**

Primary responsibilities included: (1) group and individual therapy for an inpatient forensic unit; (2) developing, monitoring, and modifying treatment plans in conjunction with treatment team; (3) initial and specialized psychological assessment of individuals on unit; (4) staff education regarding psychological issues. Developed procedural guidelines for monitoring competency treatment progress.

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## **PUBLICATIONS**

- Saldivar, A., Gonzalez, F., Vega, M., and **Sykora, C.** (2015). Language, Ethnicity, Culture, and the Neurorehabilitation Patient Experience. In J. Uomoto, *Multicultural Neurorehabilitation: Clinical principals for rehabilitation professionals*. New York, NY: Springer Publishing Company.
- Wyatt, G., Loeb, T., Rivkin, I., Carmona, J., Chin, D., Williams, J., Myers, H., Longshore, D., & **Sykora, C.** (2003). How does childhood sexual abuse affect HIV prevention? Fact Sheet for the Center for AIDS Prevention Studies (CAPS).
- Kameoka, V.A., Watkins-Victorino, L.M., & **Sykora, C.** (1999). Strengthening Hawaii Families Ho'omua Project: Replication to expand an effective prevention program related to youth ATOD use, Year One (1997-1998). Honolulu, HI: Social Welfare Evaluation and Research Unit. Technical Report prepared for the Coalition for a Drug-free Hawaii.
- Kameoka, V.A., Oshiro, K., & **Sykora, C.** (1998). Effects of a School-based ATOD intervention on risk for substance abuse among high-risk female adolescents: Lei'Ilima Project, Year Four (1997-1998). Honolulu, HI: Social Welfare Evaluation and Research Unit. Technical Report prepared for the Coalition for a Drug-free Hawaii.
- Plante, T.G., & **Sykora, C.** (1994). Are stress and coping associated with WISC-III performance among children? *Journal of Clinical Psychology*, 50(5), 759-762.
- Sykora, C.**, Grilo, C.M., Wilfley, D.E., & Brownell, K.D. (1993). Eating, weight, and dieting disturbances in male and female lightweight and heavyweight rowers. *International Journal of Eating Disorders*, 14(2), 203-211.