

Adam M. Kremen
CURRICULUM VITAE

EDUCATION

- 8/88 -10/95 UNIVERSITY OF CALIFORNIA, Berkeley, CA.
Ph.D., Clinical Psychology.
- 9/76-6/81 HARVARD UNIVERSITY, Cambridge, MA.
B.A., History, *cum laude*.

CLINICAL EXPERIENCE

- 1/14-present Qualified Medical Evaluator, Numerous sites in Northern California including Oakland, San Francisco, Berkeley, Hayward, Concord, Pleasant Hill, Richmond, Petaluma and Antioch, CA.
- Conduct examinations and provide medical/legal reports within the California Division of Workers' Compensation system.
- 3/98 - present Private Practice, *Licensed Psychologist PSY 15509*, Oakland, CA.
- Full time psychotherapeutic practice. Provide psychotherapy and consultation to adults, adolescents, couples and families with a wide range of psychopathology and problems of living.
- 12/00 – 4/07 Staff Psychotherapist, *Boyer House Foundation*, San Rafael, CA.
- Conducted individual psychotherapy with residential members of long-term treatment facility for severe psychopathology, including treatment-resistant personality disorders, psychotic disorders and dual-diagnosis. Worked as key member of treatment team responsible for intake, diagnosis, treatment planning, discharge planning and family collateral treatment.
- 9/00-present Clinical Supervisor, *Access Institute*, San Francisco, CA.
Clinical Supervisor, *Goldman Institute on Aging*, San Francisco, CA.
Clinical Supervisor, *Wright Institute*, Berkeley, CA.
- Supervised pre- and post-doctoral interns in once weekly meetings.
- 11/95 - 3/97 Postdoctoral Fellow in Geropsychology, *UCSF Medical Center at Mt. Zion*, University of California, San Francisco, CA.
- Conducted individual psychotherapy and psychological and neuropsychological assessments with elder outpatients, consulted psychiatric evaluations and provided consultation to elderly suicide prevention hotline.
- 7/94-6/95 Clinical Psychology Fellow, *Massachusetts Mental Health Center*, Harvard Medical School, Boston, MA.
- Conducted individual and group therapy with inpatients and outpatients (adult and child), as well as psychological assessments

and intake evaluations in a large psychiatric hospital. Theoretical model was mixed, with strong psychodynamic and biological components. Responsibilities included psychotherapy and case management, as primary clinician, with outpatients and inpatients representing a full range of psychopathology; participation in inpatient, day hospital, and outpatient treatment teams, including diagnosis and treatment planning; outpatient and inpatient intake evaluations; psychological testing including administration, interpretation and write-up of full batteries with projective (Rorschach, TAT, human figure drawings), cognitive-intellectual (WAIS-R), personality (MMPI-2) and neuropsychological (Bender Gestalt) components.

1/93-8/93

Psychology Intern, *Langley Porter Psychiatric Institute*, University of California, San Francisco Medical Center, San Francisco, CA.

Conducted psychological test batteries for children and adolescents with a wide range of presenting problems from the outpatient unit of a large psychiatric hospital. Responsible for writing thorough evaluation reports, making oral presentations of findings at weekly case management conference, and working with members of multidisciplinary team to develop treatment plans and provide feedback to families, schools and social service agencies. Assessments included administration and evaluation of projective (Rorschach, CAT, TAT, figure drawings), cognitive-intellectual (K-ABC, PPVT) and neurodevelopmental (Beery VMI) tests

8/89 - 6/91

Psychology Intern, *Psychology Clinic*, University of California, Berkeley, CA.

Conducted individual child and adult psychotherapy and family therapy and child assessment in a low-fee community clinic.

8/88-5/89

Psychology Assessment Practicum, *Psychology Clinic*, University of California, Berkeley.

Conducted clinical evaluation interviews and completed comprehensive test batteries. Received training in clinical interviewing techniques, administration, scoring and interpretation of intelligence (e.g., WISC-R, WAIS-R), projective (e.g., Rorschach, TAT, CAT, figure drawings), personality (e.g., MMPI) and neuropsychological (e.g., Beery VMI, Bender Gestalt) tests.

RESEARCH EXPERIENCE

9/98 – 9/99

Research Psychologist, *Block and Block Longitudinal Project on Personality and Cognitive Development*, Institute of Human Development, University of California, Berkeley, CA.

11/95 – 8/98

Postgraduate Researcher, *Block and Block Longitudinal Project on Personality and Cognitive Development*, University of California, Santa Cruz, CA.

9/92-5/93

Principal Investigator, *Young Children's Premise Systems and Ego-Control*, University of California, Berkeley, CA.

- 1/90-4/90 Research Assistant, *Longitudinal Ego Development Project*, Dartmouth College, Hanover, NH.
- 1/89-6/94 Research Assistant, *Block and Block Longitudinal Project on Personality and Cognitive Development*, University of California, Berkeley, CA.
- 8/87-8/88 Research Assistant, *Interpersonal Pathways to Depression Project*, Harvard University, Cambridge, MA.
- 10/86-8/88 Research Assistant. *Adolescent and Family Development Project*, Harvard Medical School and Massachusetts Mental Health Center, Boston, MA

TEACHING EXPERIENCE

- 4/12-6/12 Teaching Faculty, *Introduction to Couple Psychotherapy*, Access Institute, San Francisco, CA
- 6/00-12/00 Teaching Faculty, *Psychoanalytic Theory and Technique and Adolescent Development*, California School of Professional Psychology, Alameda, CA
- 1/00-4/00 Teaching Faculty, *Adolescent Development*, New College of California, San Francisco, CA
- 1/00-4/00 Clinical Instructor, *Introduction to Clinical Psychiatry*, University of California, San Francisco, CA
- 6/93-8/93 Graduate Student Instructor, *Abnormal Psychology*, Psychology Department, University of California, Berkeley, CA.
- 8/92-12/92 Graduate Student Instructor, *Experimental Design and Analysis*. Psychology Department, University of California, Berkeley, CA.
- 8/91-12/91 Graduate Student Instructor, *Experimental Design and Analysis*. Psychology Department, University of California, Berkeley, CA.

OTHER EXPERIENCE

- 12/81 - 8/88 Computer Software Engineer. *Evans, Griffiths and Hart, Inc.*, Lexington, MA.

PUBLICATIONS

- Kremen, A. (2012). Beyond conception: Recovering the creative couple after infertility. *Couple and Family Psychoanalysis*, 2, 80-92.
- Kremen, A. M. & Block, J. (1998). The roots of ego-control: The role of childhood environmental factors. *Journal of Personality and Social Psychology*, 75, 1062-1075.
- Kremen, A. M. (1998). Childrearing and ego-control: A growth curve analysis of continuity and change across 20 years. Manuscript under review, *Merrill-Palmer Quarterly*

- Kremen, A. M. (1996). Depressive tendencies and susceptibility to anxiety: Differential personality correlates. *Journal of Personality, 64*, 209-242.
- Block, J. & Kremen, A. M. (1996). IQ and ego-resiliency: Their conceptual and empirical connections and separateness. *Journal of Personality and Social Psychology, 70*, 349-361.
- Kremen, A. M. (1995) Relationships between parenting and children's ego-control: An HLM analysis of stability and change. *Dissertation*, University of California, Berkeley, CA.
- Leeper, C., Hauser, S., Kremen, A. M., Powers, S. I., Jacobson, A. M., Noam, G. G., Weiss-Perry, B., & Follansbee, D. (1989). Adolescent-parent interaction in relation to adolescents' gender and ego development pathways - a longitudinal study. *The Journal of Early Adolescence, 9*, 335-361.

PRESENTATIONS

- Kremen, A. M. (2009). Beyond conception: Refinding the creative couple. Symposium presented at the Annual Meeting of the Division of Psychoanalysis of the American Psychological Association, Austin, TX, April 25, 2009
- Kremen, A. M. (2004). The frame in art and psychotherapy. Presented at symposium entitled "Pushing the frame", San Francisco Psychoanalytic Extension Division, October 16, 2004
- Kremen, A. M. (2000). The nature of internal objects: Theory of mind in the autistic-contiguous, paranoid-schizoid and depressive positions. Symposium presented at the 11th Annual Interdisciplinary Conference of the International Federation for Psychoanalytic Education, Chicago, IL. November 3, 2000.
- Kremen, A. M. (2000). The link between personality functioning and somaticization: Empirical lessons from a longitudinal study. Symposium presented at the 20th Annual Spring Meeting of the Division of Psychoanalysis of the American Psychological Association, San Francisco, CA, April 6, 2000
- Kremen, A. M. & Block, J. (2000). Adaptive and maladaptive pathways in adolescence: Links with ego-control. Symposium presented at the Annual Meeting of the Society for Research in Adolescence, Chicago, IL, March, 2000.
- Chang, R. & Kremen, A. M. (1999). Developmental life paths from preschool through young adulthood: A person-centered approach. Presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, NM, April 17, 1999.
- Gjerde, P. F., Chang, R., & Kremen, A. M. (1999). Continuity and discontinuity in developmental pathways from adolescence to young adulthood: A nine-year longitudinal study. Symposium presented at the Biennial Meeting of the Society for Research in Child Development, Albuquerque, NM, April 17, 1999.

- Kremen, A. M., Gjerde, P. F., & Chang, R. (1998). Life paths through adolescence: A study of developmental types. Symposium presented at the Seventh Biennial Meeting of the Society for Research on Adolescence, San Diego, California, February-March, 1998.
- Kremen, A. M. (1997). Developmental links between ego-control and ego-resilience. Symposium presented at the Annual Meeting of the American Psychological Association, Chicago, August, 1997.
- Hinshaw, S. P., Ablon, S., Kremen, A. M & Zupan, B. A. (1997). Attentional deficits with and without hyperactivity: An ipsative, ego-psychological perspective. Presented at the meeting of the International Society for Research in Child and Adolescent Psychopathology, Paris, France, June, 1997.
- Kremen, A. M. (1997). The roots of ego control: Early parenting antecedents. Presented at the Biennial Meeting of the Society for Research on Child Development, Washington, D.C, April 4, 1997.
- Kremen, A. M. (1996). Relations of parenting to stability and change in children's ego-control. Presented at the 104th Annual Convention of the American Psychological Association, Toronto, Canada, August 13, 1996.
- Kremen, A. M. (1991). Differential personality correlates of anxiety and depression. Presented at the Lives through Time Conference, Palm Springs, CA, November 9, 1991.
- Kremen, A. M. (1991). Q-Sort personality correlates of susceptibility to anxiety. Presented at the 99th Annual Convention of the American Psychological Association, San Francisco, August 20, 1991
- Leeper, C., Hirsch, T., & Kremen, A. M. (1989). Parent-child sequences and the socialization of gender in preschool children. Presented at the Biennial Meeting of the Society for Research on Child Development, Kansas City, Missouri, April, 1989.
- Leeper, C., Hauser, S., & Kremen, A. M. (1988). A microanalytic study of adolescent gender-role socialization during family conversation. Presented at the 2nd Biennial Meetings of the Society for Research on Adolescence, Old Town Alexandria, Virginia, March, 1988.

HONORS AND AWARDS

Fellow, American Psychoanalytic Association, 1996-1997
 Sigma Xi Grant-in-Aid of Research, 1993
 University of California Regents Fellowship, 1989-1990
 Dean's List, Harvard University, 1976-1981
 John Harvard Scholar, Harvard University, 1976-1981
 National Merit Scholar, 1976

PROFESSIONAL ACTIVITIES AND MEMBERSHIPS

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| 9/19 – present | Board Member, Psychoanalytic Couples Psychotherapy Group |
| 1/08-12/08 | Past-President, Northern California Society for Psychoanalytic Psychology |
| 1/07 – 12/07 | President, Northern California Society for Psychoanalytic Psychology |
| 1/06 – 12/06 | President-Elect, Northern California Society for Psychoanalytic Psychology |

2/00 – 8/01 Chair, Steering Committee, APA Division 39 Summer Meeting, 2001
1/00 – 12/01 Chair, Program Committee, Northern California Society for
Psychoanalytic Psychology
3/00 – 12/01 Secretary, Board of Directors, Psychoanalytic Institute of Northern
California
4/99 – 4/00 Steering Committee, APA Division 39 Annual Meeting for 2000
Member, American Psychological Association
Member, Northern California Society for Psychoanalytic Psychology

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